

**NC Medicaid  
Outpatient Pharmacy  
Prior Approval Criteria  
Tremfya  
Systemic Immunomodulators**

**Effective Date: February 26, 2019  
Amended Date: January 2, 2025**

**Therapeutic Class Code:** L1A  
**Therapeutic Class Description:** Immunomodulatory Agents

| Medication |
|------------|
| Tremfya    |

**Eligible Beneficiaries**

NC Medicaid (Medicaid) beneficiaries shall be enrolled on the date of service and may have service restrictions due to their eligibility category that would make them ineligible for this service.

**EPSDT Special Provision: Exception to Policy Limitations for Beneficiaries under 21 Years of Age**

**42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act]**

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiaries under 21 years of age **if** the service is **medically necessary health care** to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed clinician). This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his/her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems. Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary’s physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary’s right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product, or procedure

- a. that is unsafe, ineffective, or experimental/investigational.
- b. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and/or other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider’s documentation shows that the requested service is medically necessary “to correct or ameliorate a defect, physical or mental illness, or a condition” [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary’s health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

**EPSDT and Prior Approval Requirements**

If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does **NOT** eliminate the requirement for prior approval.

**IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the

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NCTracks Provider Claims and Billing Assistance Guide, and on the EPSDT provider page. The Web addresses are specified below.

***NCTracks Provider Claims and Billing Assistance Guide:***

<https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html>

***EPSDT provider page:*** <https://medicaid.ncdhhs.gov/medicaid/get-started/find-programs-and-services-right-you/medicaid-benefit-children-and-adolescents>

**Criteria for approval**

**1. Plaque psoriasis (adult):**

- Beneficiary has a documented definitive diagnosis of moderate-to-severe Chronic Plaque Psoriasis  
AND
- Beneficiary is 18 years of age or older.  
AND
- Beneficiary is not on another injectable biologic immunomodulator.  
AND
- Beneficiary has been considered and screened for the presence of latent tuberculosis infection.  
AND
- Beneficiary has been tested with Hep B SAG and Core Ab.  
AND
- Beneficiary has body surface area (BSA) involvement of at least 3%.  
OR
- Beneficiary has involvement of the palms, soles, head and neck, or genitalia, causing disruption in normal daily activities and/or employment.  
AND
- Beneficiary has failed to respond to, or has been unable to tolerate phototherapy and **ONE** of the following medications or beneficiary has contraindications to these treatments:
  - Soriatane (acitretin)
  - Methotrexate
  - CyclosporineAND
- Coverage of non-preferred medications require a trial and failure of Cosentyx, Enbrel or Humira or a clinical reason beneficiary cannot try either Cosentyx, Enbrel or Humira.

**2. Psoriatic arthritis:**

- Beneficiary has a documented definitive diagnosis of Psoriatic Arthritis.  
AND
- Beneficiary is 18 years of age or older.  
AND
- Beneficiary is not on another injectable biologic immunomodulator.  
AND
- Beneficiary has been considered and screened for the presence of latent tuberculosis infection.
- AND
- Beneficiary has been tested with Hep B SAG and Core Ab.

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AND

- Beneficiary has a documented inadequate response or inability to take methotrexate.

AND

- Coverage of non-preferred medications require a trial and failure of Cosentyx, Enbrel or Humira or a clinical reason beneficiary cannot try either Cosentyx, Enbrel or Humira.

**Procedures**

- Approve for up to 12 months.
- Coverage of one injectable immunomodulator at a time.

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**References**

1. Janssen Biotech, INC., Tremfya Prescribing Information. Horsham, PA: July 2017. Updated July 2020

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**Criteria Change Log**

|            |   |
|------------|---|
| 02/26/2019 | Criteria effective date                     |
| 02/01/2021 | Added Tremfya for psoriatic arthritis       |
| 01/02/2025 | Separated out criteria by individual agents |